



Thursday, July 30, 2015

RE: Flyin Ryan "Decisions" Program - A Risk Management Initiative

## **Coaches and Program Directors;**

The IFSA is excited to enter bold new territory for the 2016 season. Our sport of freeride has grown by leaps and bounds with over 2,900 unique athletes competing in IFSA-sanctioned events over the last two years. As our athlete ranks grow, we are cognizant of the freeride community's ability to direct the development of the sport though the mindset and actions of our competitors. But best of all, this sport can give our athletes important life lessons besides challenge and competition. Recognizing our influence on developing minds and bodies, the IFSA will be introducing three risk management initiatives for the 2016 season, and the Flyin Ryan Decisions Program you'll read about here is the first important part. It gives athletes a set of tools to consciously develop their own goals and limits, and teaches them how to apply these values when face-to-face with tough decisions on and off the slope. This program was implemented last season at Smuggler's Notch Freeride Team and has since spread to schools and mountain biking programs. We're excited to implement it this year with your help.

Scott Mahoney *President, Board of Directors* International Freeskiers and Snowboarders Association

## links to Resources:

Introduction/Overview Welcome Letter - FLyin Ryan Foundation How to Get Started Video Link Course Syllabus