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Skyler Fisher Letter of Recommendation

To Whom it May Concern,

I started working with Skyler Fisher at the beginning of 2025. As the Head Coach for the USA Triathlon Resident Team in Colorado Springs, CO, I have seen Skyler grow leaps and bounds from when she first showed up. Over the past five months, Skyler has channeled her energy into expanding her mind into what is possible with triathlon. No longer content to let her progress come just from maturing, she is seeking out improvement by developing her consistency and mental approach to the sport.

Mentally, Skyler has started to open her mind to all of the possibilities of sports and what her pursuit of excellence can look like. Facing adversity with unknown circumstances and not immediately progressing as she had hoped, Skyler has doubled down on her goals and recommitted to finishing workouts stronger than ever and to always come to practice with a good attitude. She has shown herself what can happen when she focuses her attention and commits to a goal.

Physically, she continues to get stronger because she is dedicated to becoming the best triathlete and teammate she can be. All her work has helped her confidence grow in and out of the water and on and off the roads. That confidence has made her a teammate others can look up to as a role model as well as someone who will lend a kind word after a tough practice..

Lastly, we all know that growing up is hard to do. Skyler has grown emotionally to handle all the ups and downs that come with being an athlete in 2025. She handles herself with maturity beyond her years but also knows how to laugh and have a good time. She is genuinely interested in people and topics outside her area of expertise, and it shows in every conversation she has with people who know her and those that don't.

I am very proud to have watched, from afar and up close, Skyler transform into the young woman she is today!

Very Sincerely,

Andy Potts OLY
USA Triathlon Resident Team Head Coach
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